

## THE WEEK AHEAD: Week 2



In *Philippians 1:19* Paul tells the Philippian church that he has been helped by their prayers and “the Spirit of Jesus Christ”. The studies this week will tell us more about the Holy Spirit and what he does.

### Sunday

Read the passage that will be preached at the church service you attend. If English is your second language, read the passage in your own language and also in English.

**On the other six days...**

### Day 1

Re-read **Philippians 1:12–26** and think about the answers you gave to the study questions on pages 9–12.

Memorize this week’s memory verse:

**“For to me, to live is Christ and to die is gain.” Philippians 1:21**

Pray that you would be able to say those words and mean them.

### Day 2

Read **Ephesians 1:13–14**.

**1** When do we receive the Holy Spirit?

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**2** Why do we receive the Holy Spirit?

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**3** The Holy Spirit marks us as belonging to God. Does this give you confidence? Why or why not?

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Thank God that the Holy Spirit marks us as God’s own.

### Day 3

Read **Galatians 5:16–26**.

In this letter, Paul is writing to the churches in Galatia (see top map on page 4 of Study Guide). His main point in these verses is that there is a conflict between the Holy Spirit and the sinful nature in every Christian’s life.

**1** What does it mean to “live by the Spirit”? (see verses 16 and 17)  
(Clue: The desires we have lead us in one of two directions.)

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**2** Why is it wrong to live gratifying the “acts of the sinful nature” when you have the Holy Spirit in you? (see verses 19–21)

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**3** Looking at verses 19–21, are there any things mentioned here which you need to turn from and ask forgiveness for? (Notice how some things are obvious actions but others are attitudes that are easier to hide.)

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4 How does the Holy Spirit change us? (see verses 22–26)

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5 Paul tells us to “keep in step” with the Spirit (verse 25). How can you do this, according to the verses you have just read?

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*Although it is important that we see those areas in our lives where we need to change, it is also very important that we don't become weighed down by guilt. Remember, God's acceptance of us is based on what **Jesus** has done, not on what we have done.*

*Memorize the nine fruits of the Spirit in verses 22–23. Which one do you struggle with most? Ask for the Holy Spirit's help with it.*

#### Day 4

Read **Romans 8:26–27**.

*Paul wrote this letter to the Christians living in Rome. These verses tell us a little more about the work of the Holy Spirit in the life of a Christian.*

1 How does the Holy Spirit help us pray?

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2 How might this be a comfort for someone in a difficult situation?

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3 Why is it so important to pray through the Holy Spirit? (see verse 27)

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*Thank God that the Holy Spirit helps us in our weakness and that we are able to pray to such a powerful God.*

#### Day 5

*Re-read the Bible passages you have read over the past week. Choose a verse that you found particularly helpful, write it down in the space below and memorize it.*

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#### Day 6

Read **Philippians 1:27 – 2:11** in preparation for **Discipleship Explored**.